Etech
playing by the rules

Newsletter

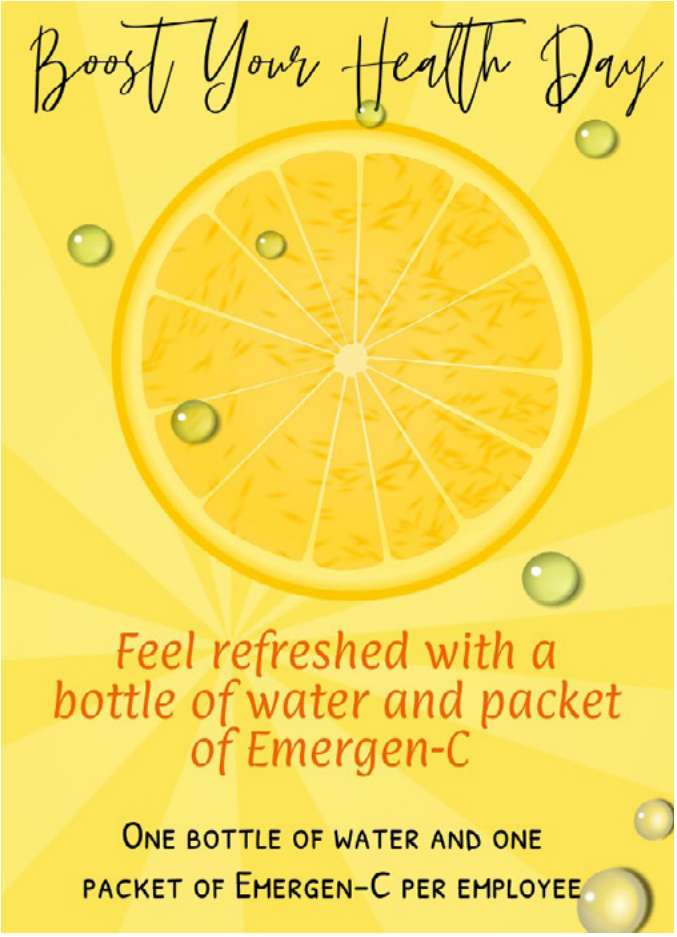
October – November 2020

EXPERIENCED PEOPLE | INNOVATIVE TECHNOLOGY | REMARKABLE RESULTS

INDEX

#	Title	No.
01	Etech Employee Wellness Initiative – Boost Your Health Day	03
02	September Birthday Celebration	04
03	Etech Employee Wellness Initiative – Boost your Health Day at Montego Bay	05
04	Etech Employee Wellness Initiative – Breast Cancer Awareness Month at Montego Bay	06
05	Pink Day at Montego Bay	07
06	Etech Employee Wellness Initiative – Green Day at Montego Bay!	08
07	Chantol Reeves from Montego Bay won the Poem Contest!	09
08	Daily Pay Give Back at Lufkin	10
09	Etech's Tuition Reimbursement Program – Summer 2020	11
10	Etech Give Back Program – Workout to Make a Remarkable Difference!	12
11	Few Moments from September	13
12	Halloween Awareness	14
13	Etech Give Back Program – Pack a Shoebox for Maple Lawn Elementary School at Dallas	15
14	Etech Employee Appreciation Initiative - Employee Wall of Fame at Montego Bay	16
15	Bow Tie Day at Montego Bay	17
16	Fitness Boot Camp at Jamaica	18
17	Halloween Week at Lufkin	19
18	Boost Your Heath Day at Nacogdoches	20
19	Etech Give Back Program – Supply Donation to Lake Park Elementary!	21
20	Halloween Coloring Contest at Rusk	22

Etech Employee Wellness Initiative - Boost Your Health Day



September Birthday Celebration

Gavin Garcia

Kenneth Anderson

Tyrus Gamble

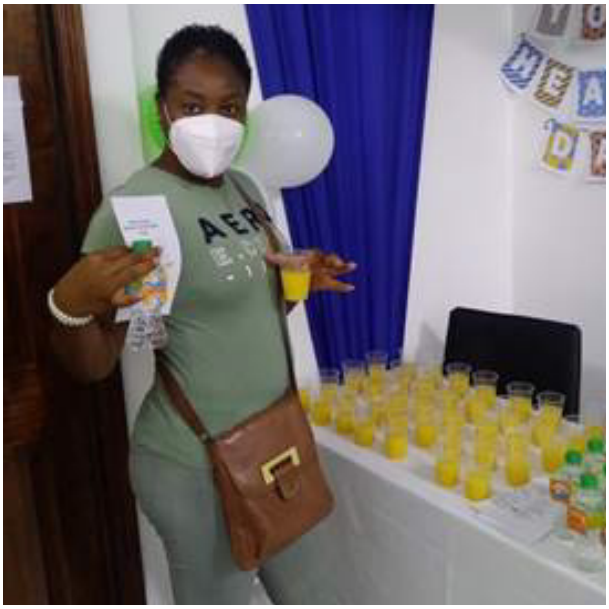
Tyrus Gamble providing orientation to our Pilot program

Rusk Train got a Makeover!

The train that sits in front of the Rusk building got a makeover this month! Charlotte Rasmussen volunteered her time to paint and plant fall plants in the train. These trains sit in front of many businesses in Rusk to honor the Texas State Railroad which runs through Rusk. Thank you, Charlotte, for making our train beautiful!

Etech Employee Wellness Initiative - Boost your Health Day at Montego Bay

Front Desk at Montego Bay offered everyone a cup of Orange Juice and health tips as an awareness initiative towards the benefits of Vitamin C.

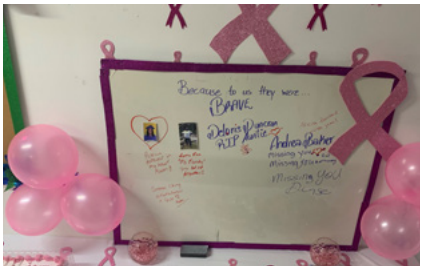


Brooke Johnson's Promotion to Rusk Employment Coordinator

Brooke has worked with Etech for three years, as an agent on the Operations floor. She is excited to join the Recruiting family, expand her Etech knowledge, and be a shining light as Employment Coordinator!

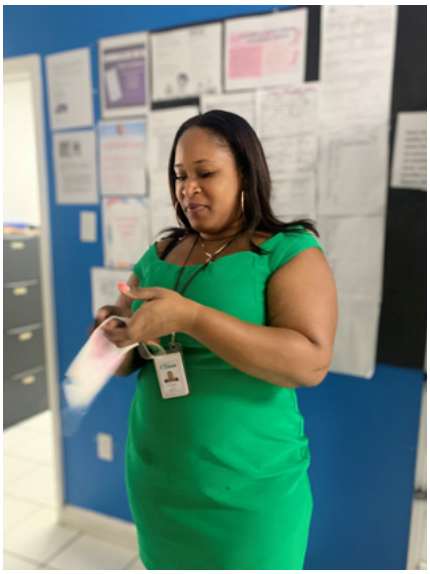
Outside of work Brooke enjoys spending time with her son and fiancé, helping people find their dream outfits with her online boutique and being with her family. She is an outgoing go-getter, who is proud to be part of the Etech team and looks forward to make a difference and grow with the company.

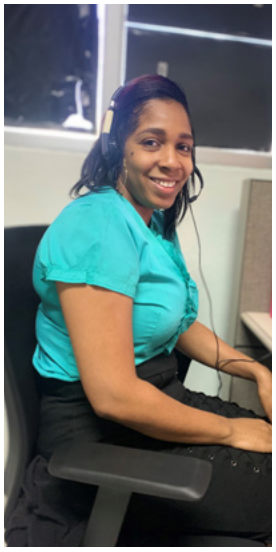
Etech Employee Wellness Initiative - Breast Cancer Awareness Month at Montego Bay



Pink Day at Montego Bay

Etech Employee Wellness Initiative – Green Day at Montego Bay!





Chantol Reeves from Montego Bay won the Poem Contest!

Looking through the mirror of my Soul

Hello, it's me. I am locked in the mirror feeling the pain and gaining the sorrow. Can no one feel my pain?
The weight of smoking has braced my chest causing my body to disintegrate and I can't see me anymore.
Who am I? I can't tell. Smiling is a waste of time because you keep taking parts of me.
Why? Why? Why but it happen to me? I unveil myself looking in the mirror but my heart is full of anger and hate.
I miss the smile of the sun on my face, the long conversations with my friends.
How do I whisper these words in my family ears?
You have taken over my life and destroyed my beauty and physique because that is all you do.

You are a monster in disguise that creep that in my life.
I am weak so I can't fight. No matter how I have tried, I have become like a helpless baby.
Somedays I feel ashamed on how my body has really changed.
I keep asking God why? I cry but there are no tears, it has all disappeared.
Desecrater, I said there is no word to compare.

Mamma was always a constant reminder. I keep hearing her in the back of my head
"Eating right is the best way to go" but I could not resist the taste or smell of these foods.
The warmth of those foods on my pallet was just breathtaking.
Also the thought of exercise was a waste of time.
The nights out with a few cocktails, why didn't I throw that bottle away?
I should have done the mammogram that day, instead of walking away.

My mornings have become nights. I wanted to be cuddled up in mother's arms but I cannot feel her.
Mamma, help me! She appeared to me in a dream. Be strong daughter I have your back.
I woke up feeling like a lion. I will not give up the fight because I have seen the light.
Monster! Disappear you will not take my life! I will not accept defeat.
I step through the mirror a new me. Cancer! Cancer! Step back!
You will not win this fight because I am stronger than u think.
I have won so will my sisters and brothers.
United we stand and united we shall rise!

Done by: Chantol Reeves (Gully). Ontellus

Connect Session at Vadodara

Connection is perhaps the most crucial component in building a productive and efficient workplace. As connected teams drive collaboration, nurture healthy working relationships, and promote knowledge-sharing. Session to connect with team members was conducted by HR.

Virtual Rewards and Recognition Ceremony at Vadodara

It was fun-filled time to recognize our team members for their excellent work in Rewards and Recognition ceremony. Team members' birthdays and work anniversaries falling in the current month were also announced during the ceremony. Getting rewarded and applauded in front of the whole centre holds a special value for everyone and we ensure the appreciation and hype doesn't end with the ceremony; it continues. Along with it, we had fun filled moments of togetherness wherein good number of team members participated and all joined in applause

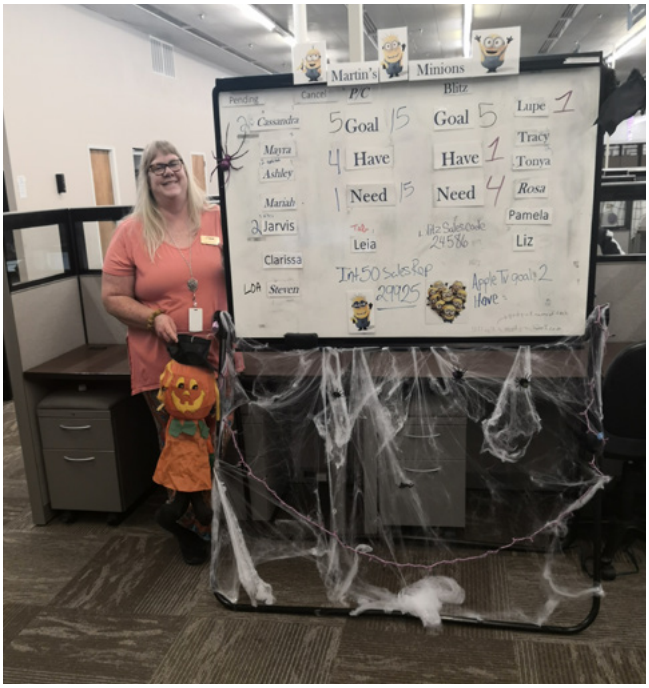
Daily Pay Give Back at Lufkin

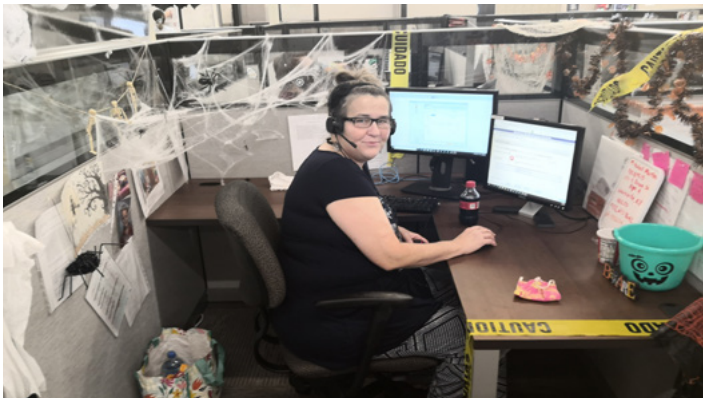
This October Daily Pay sent out a few goodie to be given away to Daily Pay users!

Etech Give Back Program - Blood Drive at Lufkin

Halloween Decorations at Lufkin!

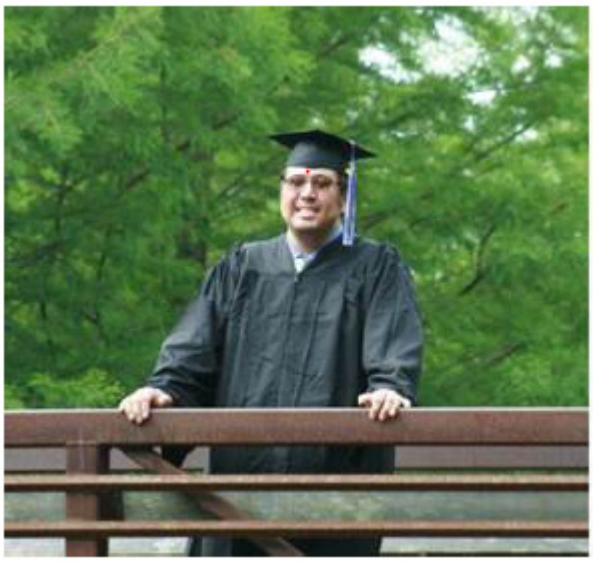
Lufkin Etech is decorated for Spooky season!





Etech's Tuition Reimbursement Program - Summer 2020

Let's give a hand to our students! Hard working even during the summer months. See all of them below and congratulate them.



Summer Graduate: Go Michael!

Name: Michael Kelley

School: Stephen F Austin State University

Degree: Bachelor of Science Degree in Psychology

Honors: None

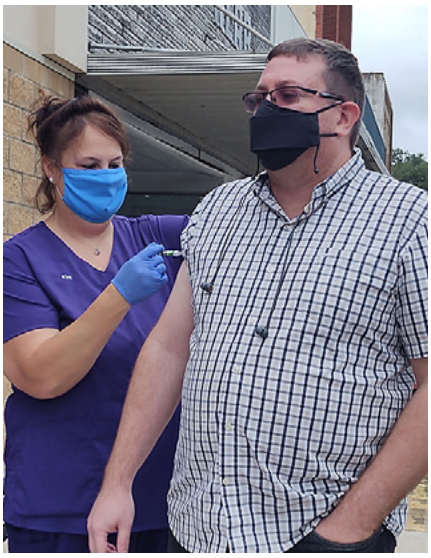
Which center & department work in at Etech:
Lufkin, Training & Development

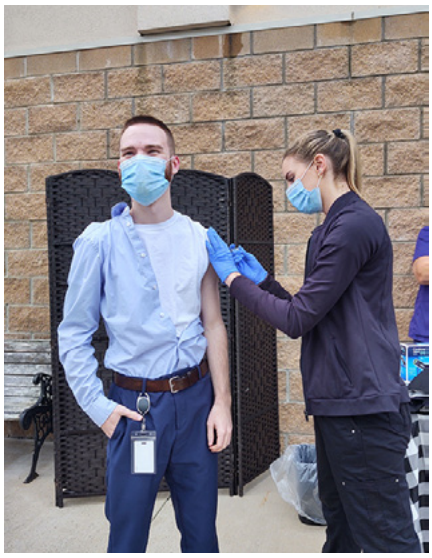
Our other employees still studying hard to complete their degrees with a B or above grades to qualify for reimbursement. Congratulations, Students!!

- Lendell Beacham
- Hannah Olayde
- Shemeeka Dennis
- Shantavia Williams
- Shana Rudd
- Michael Kelley
- Antonia Williams
- Bradley Street
- Susanna Ramirez
- Allyssa Mooney
- Elyse Beard
- Hannah Splawn

Flu shots at Rusk

Dr. Cline visited Rusk and gave flu shots to our employees. Thanks to Dr. Cline for coming to support and making our employees' health a priority.





Blueberry Golf Bash – First Place!

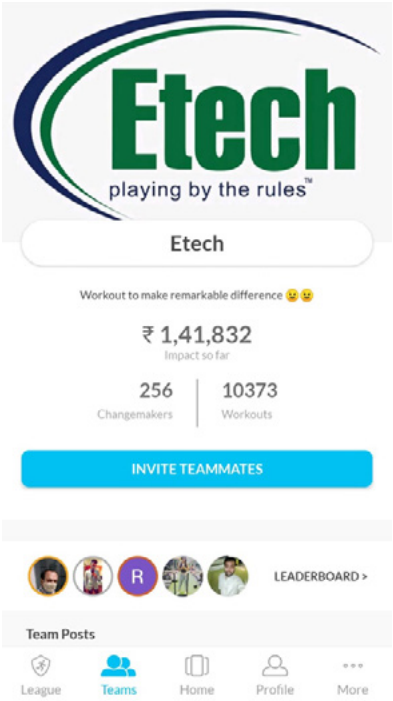
On Friday, October 16, 2020, Etech leaders brought home a first place trophy at the 23rd Annual Blueberry Golf Bash (Nacogdoches, Texas). Three teams tied for first place with a net score of -22: **Etech** - pictured below from left are **Mike Horton, Jacob Shipp, Ralph Ervin** (retired) and **David Carrizales.** Congratulations team for a job well done!

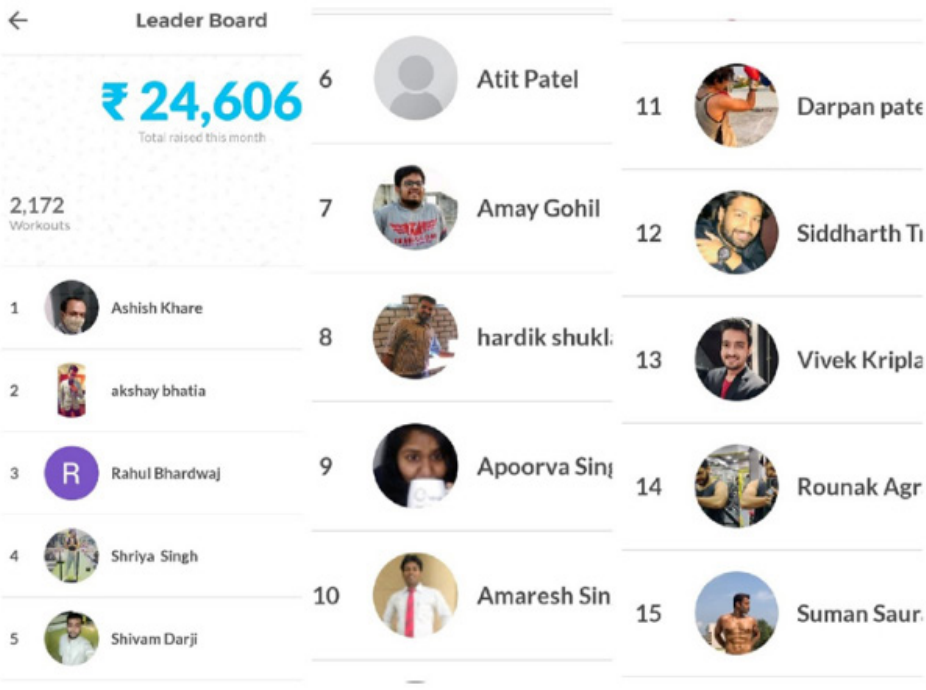
Etech Give Back Program – Workout to Make a Remarkable Difference!

We become what we want to be by CONSISTENTLY being what we want to become each day... - Richard G Scott.

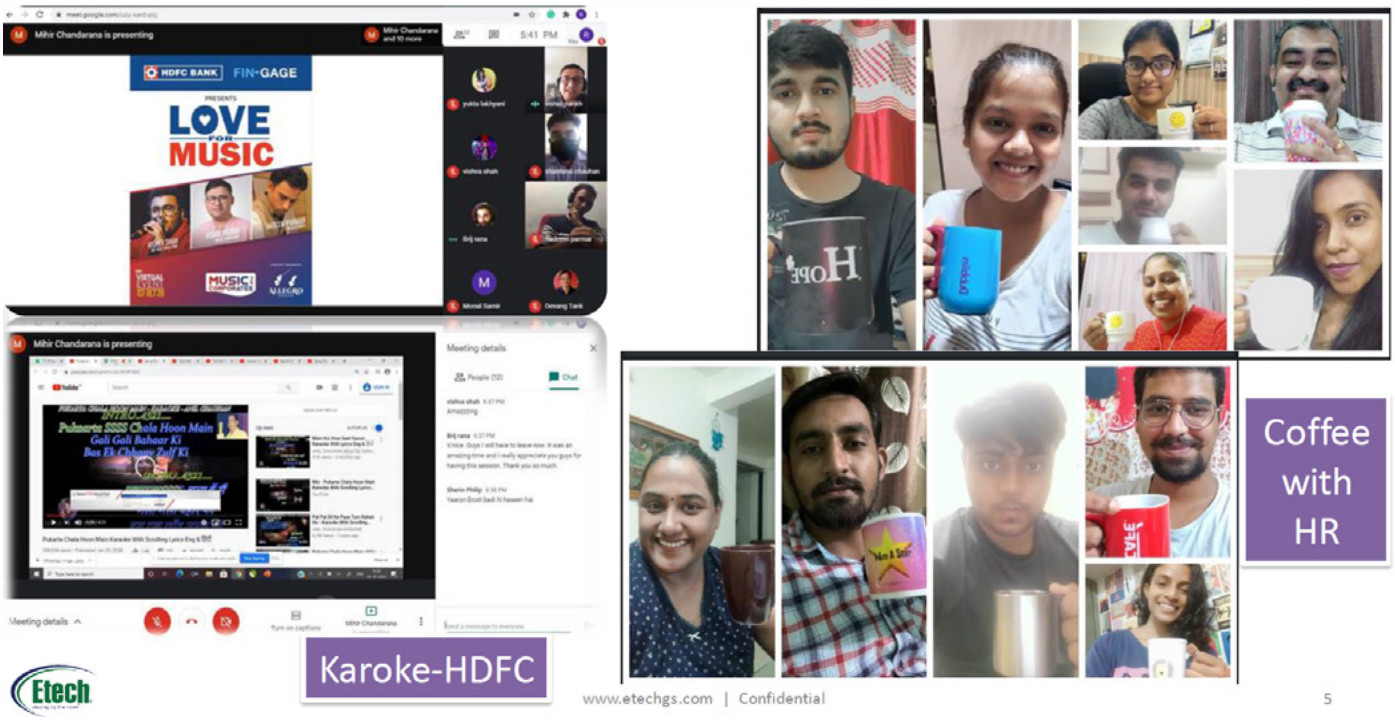
Etech family (GNR and VDR) continues making a "Remarkable Impact" in Oct'20 as well..
We are glad to update that.....

From May'20 till date we have raised a total of Rs **1,41,832/-** (and will be more by the time you are reading this). With a total of 10273 workouts and 253 changemakers who are the real heroes making a remarkable impact.





Few Moments from September 2020 at Gandhinagar



Thank you to UB for coming to the Rusk center and distributing the UB orders to our employees!

Halloween Awareness

Safe Halloween Activities & COVID/FLU

Halloween and the festive season is right around the corner. Traditional family Halloween activities can be fun, but some may increase the risk of getting or spreading COVID-19 or influenza. For you and/or your family, plan alternate ways to participate in Halloween.

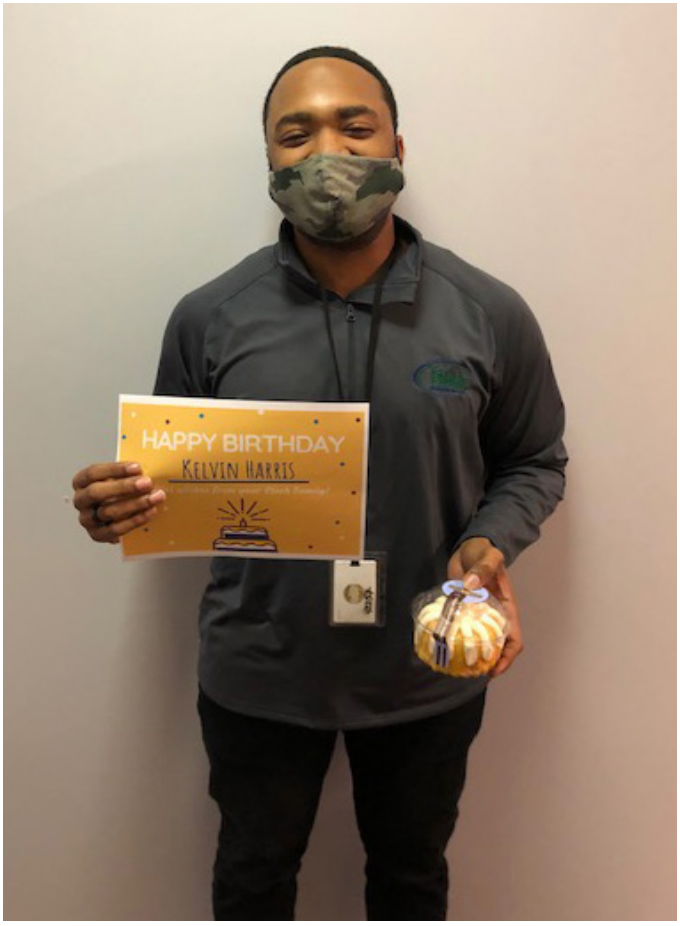
We value your health and safety. Please be safe.

Etech 30 Days Shred at Montego Bay

The Etech Shred is a weight loss competition to shred 10lbs over a 30 days period- October 8.2020 – November 9.2020. The aim of this was to encourage staff to start living a healthier lifestyle by exercising and eating more vegetables/fruits. We had over 15 participants and all lost between 2-8lbs. Our team member **Renee Stoddard** reached the10lbs goal and was awarded the prize for this competition.

Etech Give Back Program - Pack a Shoebox for Maple Lawn Elementary School at Dallas

October Birthday Celebration at Dallas



Halloween Celebration at Dallas!

Food Truck for Etech Dallas - We Appreciate You

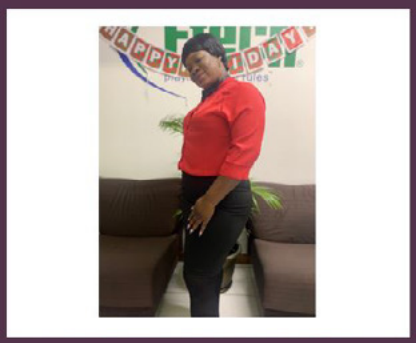
Etech Employee Appreciation Initiative - Employee Wall of Fame at Montego Bay

The mission of the *Employee Wall of Fame* board is to boost employee morale. This was done through highlighting our remarkable team members and leaders who were awarded during Rewards and Recognition as well as monthly winners of Human Resources activities.

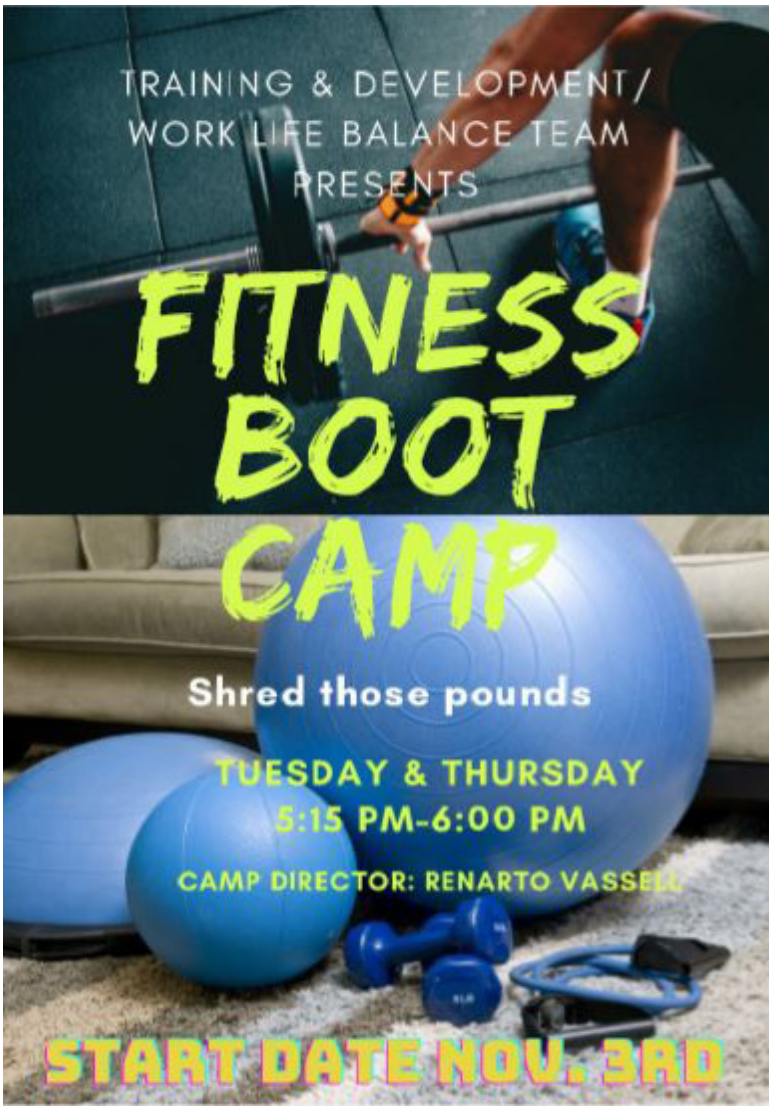
Bow Tie Day at Montego Bay

Our employee engagement for November was “Bow Tie Day”. In the spirit of fun, all campaign members were asked to dress in bow ties and the best dressed team won a lunch.

WINNING TEAM **BEST DRESSED TEAM-BOW TIE DAY 11.16.2020**



Fitness Boot Camp at Montego Bay

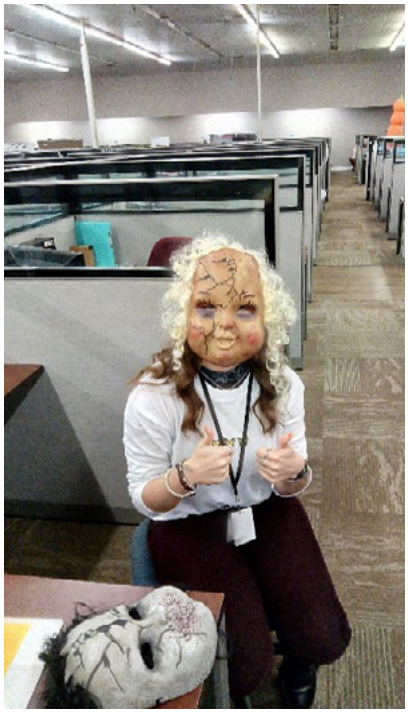


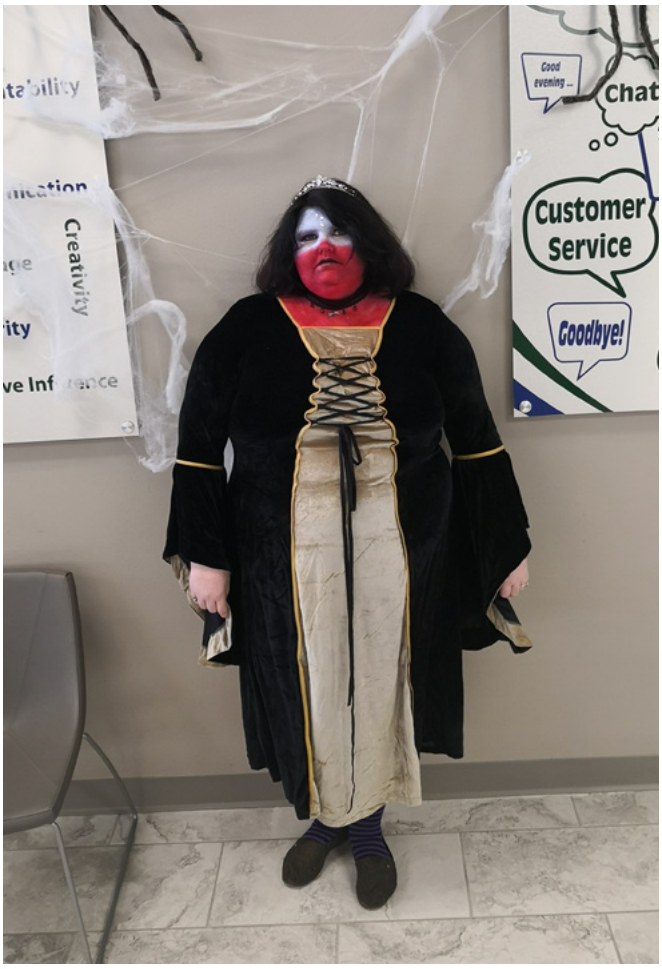
Etech Give Back Program - Cards for Oncology ward at Montego Bay

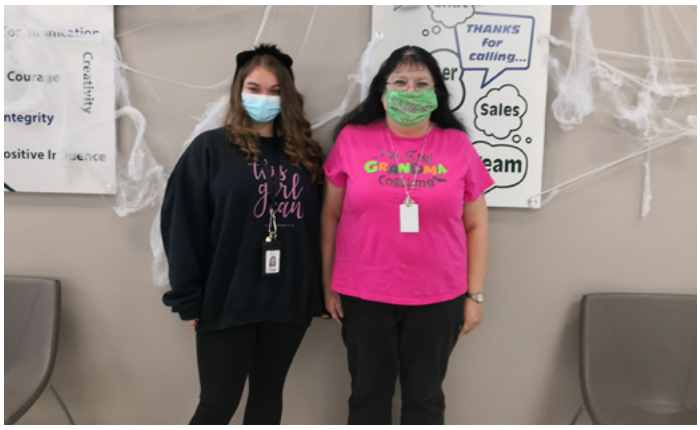
Cards with words of comfort and hope were given to the patients of the Oncology ward of our local hospital. The aim of these cards was to provide hope and let them know that we are praying for their speedy recovery.

Boost Your Health Day at Lufkin

Halloween Week at Lufkin







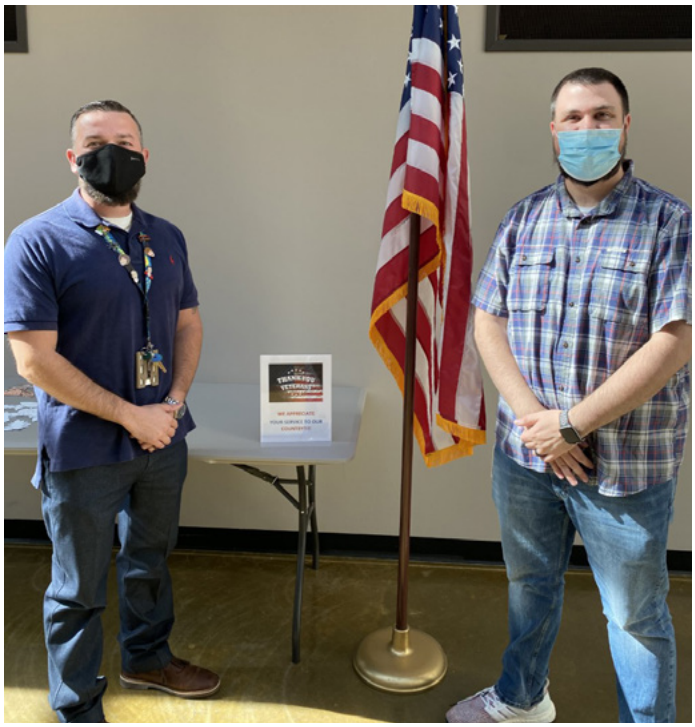
Happy Veterans Day from Lufkin

Boost Your Heath Day at Nacogdoches

Nacogdoches Pumpkin Carving Winners

Veterans Day at Nacogdoches!

To all veterans of all branches: Thank you for your sacrifice, your bravery, and the example you set for us all. In short, thank you for your service! To all those who have served, and those who continue to serve… Happy Veterans Day! From your Nacogdoches Etech.



Etech Give Back Program – Supply Donation to Lake Park Elementary!

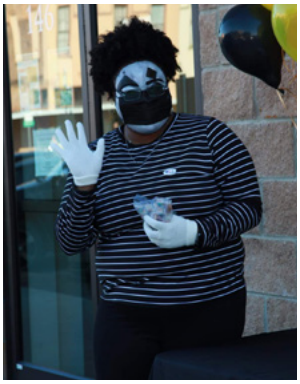
HR Manager Oliver Grandez, Far left, delivered Palm Beach center school supply donation to Lake Park Elementary. Principal Philip Preddy, far right, along with 2 students received the donation and thanked our Etech family for all of the support.

Halloween Coloring Contest at Rusk

The Rusk center had a coloring contest for October and Kerry Tubbs daughters participated and won prizes for their beautiful coloring!
Thank you, Kerry and family!

Boost Your Health Day at Rusk

Rusk held a Boost Your Health Day and handed out orange juice to all onsite employees on October 22nd. Orange juice is high in antioxidants and micronutrients like Vitamin C, folate, and potassium. We hope all our employees stay healthy!

Scare on the Square at Rusk

The annual trick or treat event, scare on the Square, in Rusk was a wonderful time for all! Etech passed out lots of candy to trick or treaters from 4pm to 6pm.